

## **PCC Programs and Instructors: Occupational Health and Safety Introductory Module**

Whether newly integrating content to your program or looking for different approaches to materials already being delivered, this short module is designed to provide an introductory start point for teaching and learning about workplace health and safety.

A minimum delivery time of four to six hours of content is recommended and key principles and concepts should be delivered *before* work experience placements begin.

Here are the suggested sections and sub-sections.

- Introduction to workplace health and safety
  - What is occupational health and safety?
  - Core principles of OHS
  - History of OHS and Nova Scotia workers and communities
  - Building a culture of workplace safety, and the business case for safety
- Your Safety Rights, Responsibilities and Nova Scotia Law
  - Nova Scotia's provincial OHS legislation (Applies to? Enforced by?)
  - The Internal Responsibility System and OHS rights and responsibilities
  - Canada's federal OHS legislation (where to find, and application to which industries)
  - Connections to other pieces of Nova Scotia legislation
- Hazard Identification and Control
  - Hazard classes and contributing factors
  - Hazard controls and control pathway
  - Reporting, assessment, inspections, investigations
  - Healthy work environments and the impact of unsafe/unhealthy work practices
  - Introduction to ergonomics and prevention of musculoskeletal injury
- WHMIS, 1<sup>st</sup> Aid, and Emergency/Fire Safety
  - Workplace Hazardous Materials Information System (WHMIS) requirements and law
  - First Aid requirements and law
  - Fire Safety requirements and law
  - Discuss emergency response

For more information about how to get started with these resources outline, suggested hours of instruction or activities and evaluation, please contact Tracey Leary, Education Consultant, Workers' Compensation Board of Nova Scotia at [tracey.leary@wcb.gov.ns.ca](mailto:tracey.leary@wcb.gov.ns.ca) , 902-491-8111.